

The Food Resource Network Federation

The Food Resource Network Federation (FRNF) is a federation of five major food banks, a home delivery food service, and a community garden advisory and support group. FRNF members provide foods for those with special dietary needs, infant food and supplies, gardening instruction and seeds, hot meals, instruction on healthy food preparation and referrals for those needing additional services.

Did you know?

- We rank 12th in the nation for hunger. (Children's Alliance).
- In 2005, 72.3 % more persons used the Food Stamp Program than five years before. (Food Research and Action Center, *State of the States 2006*).
- In 2002-2004, 12 % of households were food insecure, and 4.3 percent were food insecure with hunger, just above the national average (Economic Research Service/USDA, *Household Food Security in the United States, 2004*).
- The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) serves almost half of all Washington state babies, one-third of pregnant women and one-fourth of children under 5 years old. (Washington State Department of Health)
- WIC participation rose 42.3 percent in the past 10 years. (Washington State Department of Health)
- Twenty-six of Washington's 39 counties report 20 to 38 percent of their students in poverty— 140,000 school-aged children living in families whose income is below the poverty level. (Children's Alliance, *Poverty and Food Insecurity Among School Aged Children in Washington*).
- Over 291,000 Washington students ate free and reduced-price lunches—more than those who paid full lunch prices. (Food Research and Action Center, *State of the States 2006*).
- The long term impact of poor nutrition in infancy has been associated with adverse intellectual outcomes (Childhood Hunger in Oregon, Oregon Center for Public Policy).
- Numerous studies have proven the link between adequate nutrition in early childhood and mental and physical health in adulthood.

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Participating Nonprofits

Food Bank @ St. Mary's

611 20th Ave South
Seattle, WA 98144

Provides food and other services for an ethnically diverse population, targeting families with children, seniors and working poor; delivers food to the homebound.

Immanuel Community Services Food Bank

1215 Thomas Street
Seattle, WA 98109

Provides groceries and other assistance to low-income, homeless and working poor in Downtown Seattle.

P-Patch Trust

P.O. Box 19748
Seattle, WA 98109

Works to acquire, build, and support community gardens in Seattle's neighborhoods, expanding access to fresh produce across economic, racial, ethnic, ability and gender lines.

St. Vincent de Paul Food & Clothing Bank

5972 4th Ave S
Seattle, WA 98108

Provides food and clothing assistance for single people, families, and the homeless. People living in surrounding areas may be eligible for special government surplus food items.

University District Food Bank

4731 15th Ave NE
Seattle, WA 98105

Each week we provide groceries, special-needs food, and referral services to 850+ low-income families living in NE Seattle, including infants and children, seniors and homeless.

West Seattle Food Bank

3518 SW Genesee Street
Seattle, WA 98126

Provides food and other services to low income including the elderly, working poor, and infants; and provides home delivery to homebound seniors and the disabled.

Want to know more about how you can help these organizations? Talk to your Employee Giving Program Coordinator and ask for a catalog, or check out the Employee Giving Program website at www.metrokc.gov/giving. Remember, Giving Works!